

Autumn 2 Wellbeing 2017/18

Review of impact on specific, identified, vulnerable children at Highcliffe Primary School through our emphasis on the emotional and mental health of our children.

- Children are identified through well-being tracking and through regular communication between class teachers and Wellbeing Lead.
- A Feeling Good questionnaire, which provides quantitative data, is completed by the class teacher as near to the beginning of specific, personalised wellbeing groups as possible. This is also completed again a while after the phase is complete rather than immediately afterwards, to determine whether skills have been maintained over time.
- A This is Me questionnaire is completed by identified children in the same manner as the above. This is partly quantitative.

Feeling Good questionnaire

The second phase, which was Autumn Term, shows that **79%** of the children involved are perceived by their class teachers to have improved.

All of the children who are not perceived to have improved have been picked up for either further wellbeing group intervention or for individual counselling during the Spring and Summer terms.

This is Me

During the same phase, on analysis of the quantitative data **81%** of children have improved their self-perception.