



LIONHEART  
ACADEMIES TRUST

This event will begin at 16:30




Childnet International is a non-profit organisation working with others to help make the internet a great and safe place for children.

Childnet is one of three organisations partnered to form the UK Safer Internet Centre.


The UK Safer Internet Centre, appointed by the European Commission, has three main functions: an awareness centre, a helpline for professionals and a hotline to report and remove child sex abuse imagery and videos.


What does your child love doing online?  
What services and devices do they use?


The online world can be exciting and inspiring. It has lots of opportunities to offer young people. However it is important to manage and minimise the associated risks.




# CONDUCT



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Children need to be aware of the impact that their online activity can have on both themselves and other people, and the digital footprint that they create on the internet.
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It's easy to feel anonymous online and it's important that children are aware of who is able to view, and potentially share, the information that they may have posted.
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When using the internet, it's important to keep personal information safe and not share it with strangers.



## CONTENT



Some online content is not suitable for children and may be hurtful or harmful. This is true for content accessed and viewed via social networks, online games, blogs and websites.



It's important for children to consider the reliability of online material and be aware that it might not be true or written with a bias.



There can be legal consequences for using or downloading copyrighted content, without seeking the author's permission.



## CONTACT



It is important for children to realise that new friends made online may not be who they say they are and that once a friend is added to an online account, you may be sharing your personal information with them.



If you have concerns that your child is, or has been, the subject of inappropriate sexual contact or approach by another person (including, but not limited to, a request to meet up or a request for images/videos), it's vital that you report it to the police via the Child Exploitation and Online Protection Centre ([www.ceop.police.uk](http://www.ceop.police.uk)).





## CYBERBULLYING



Cyberbullying is bullying which takes place online or using technology. It is important that young people know what to do if they or their friends are the victims of cyberbullying.



Cyberbullying can happen in many different ways including unkind messages or comments, the sharing of embarrassing photos or exclusion from group chats.



Children need to understand that their online actions can be just as hurtful as offline actions and that seeking to deliberately hurt or upset someone is always unacceptable.

## SEXTING



Sexting is taking and sharing a nude, partially nude or sexually explicit image or video.



If the person in the image is under-18 then it **breaks the law**. The Protection of Children Act states that it is illegal to create, distribute or possess an indecent image of a child, including self-generated images (e.g. selfies).



The police take a common sense approach and are not seeking to criminalise young people, but do have a duty of care if asked to investigate.



In the online world, content can get very far, very quickly and young people need to understand that they may lose control of who else sees their image. This can lead to emotional and reputational consequences.



Sexting is a risk even for younger children. A child with access to a device, who can take a photo and send it on, may not understand the possible consequences and just think they're being funny.



## ADVICE ON GROOMING



Discuss online friendship with your child - make sure they understand that a person they've never met face-to-face is still a stranger. Discuss what kinds of information they should avoid sharing with strangers.

Ensure they know they can come to you if they have any worries or concerns.

**If you have any suspicions whatsoever about someone who is in contact with your child online then report it to CEOP.**

**You will be shown how to report to CEOP later in this presentation.**



## ADVICE ON CYBERBULLYING

Discuss cyberbullying with your child - teach the importance of online respect and make sure they know they can talk to you if they have any worries or concerns.

If they are a victim of this type of behaviour:



**Do** save the evidence



**Do** report to your school/ the police



**Do** use online tools to report and block the perpetrator.



**Don't** deny your child access to a device or service. They may feel punished when they're already the victim.



**Don't** retaliate.



# ADVICE ON SEXTING



Discuss sexting with your child - ensure they know that once this kind of content gets out there, it's very difficult to get it back and the consequences of this can be very upsetting.

Make sure they know they can talk to you if they have any concerns or worries.

With younger children, discuss which parts of their body should be kept private.



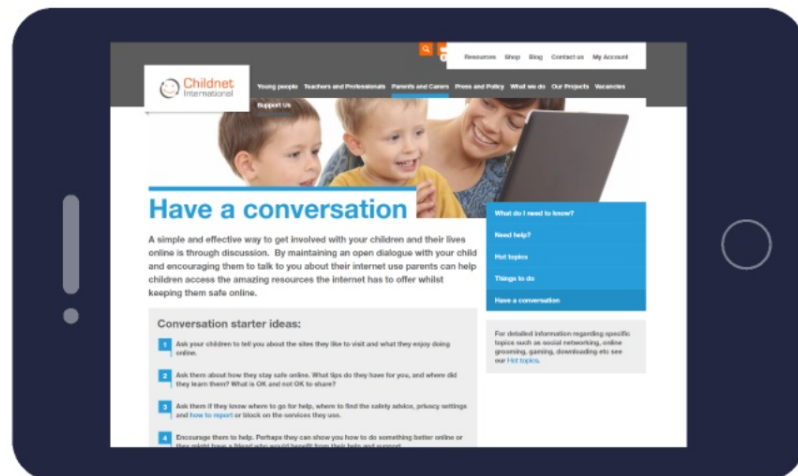
**Do** seek advice from your child's school if you need further support.



**Do** report to the Police or CEOP if you have any suspicions about the involvement of an adult or think you child has been coerced.

An open and honest dialogue with your child is absolutely key.

Talk to them about their internet use and let them know they can talk to you.



[www.childnet.com/parents-and-carers/have-a-conversation](http://www.childnet.com/parents-and-carers/have-a-conversation)

Consider setting a family agreement to open discussion.

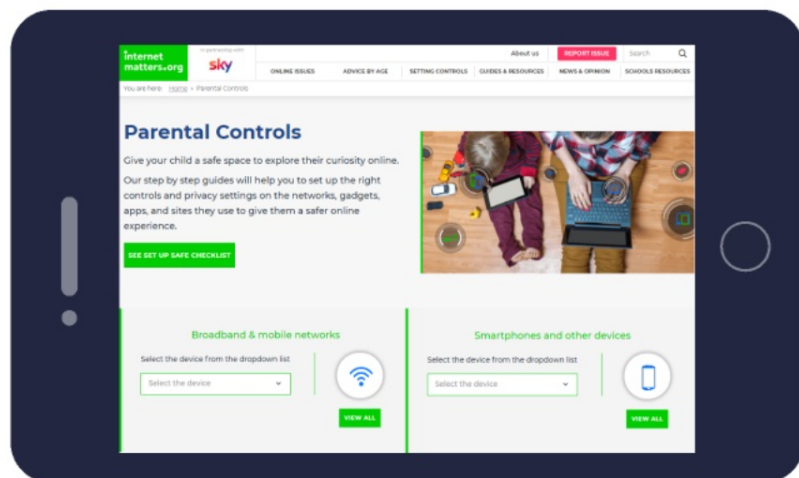
Establish boundaries and your expectations as a family.



[childnet.com/resources/family-agreement](http://childnet.com/resources/family-agreement)

Filtering software and settings can help block unwanted content.

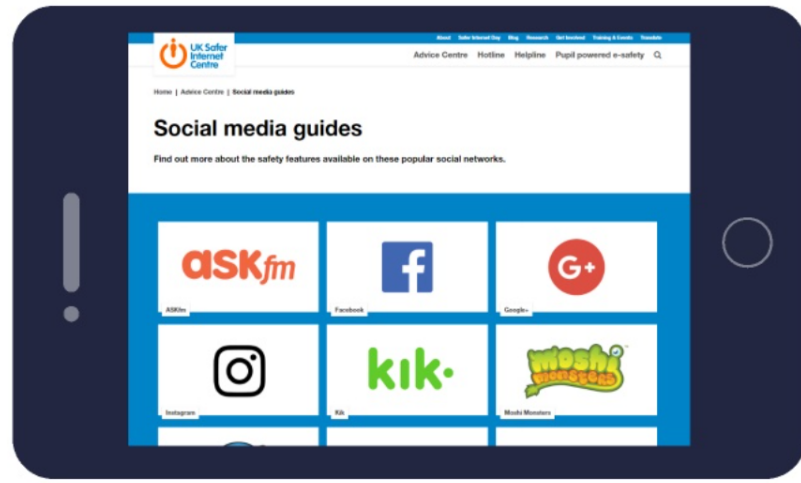
Look at filters on individual devices and from mobile & internet providers



[internetmatters.org/parental-controls/](http://internetmatters.org/parental-controls/)

Familiarise yourself with safety and privacy settings on the services your family uses.

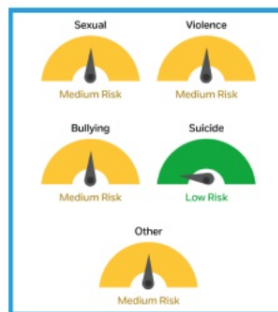
Learn how to report, block and mute other users on games and social media.



[saferinternet.org.uk/advice-centre/social-media-guides](https://saferinternet.org.uk/advice-centre/social-media-guides)

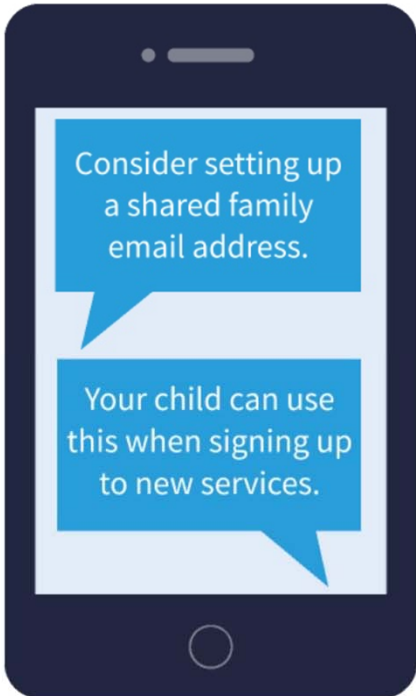
Get involved with your child's life online. Learn about the apps, games and devices they use.

Play their favourite games with them, try out their favourite apps...



[net-aware.org.uk](https://net-aware.org.uk)






Consider setting up a shared family email address.

Your child can use this when signing up to new services.




The logo for Lionheart Academies Trust, featuring a lion crest above the text 'LIONHEART ACADEMIES TRUST'.

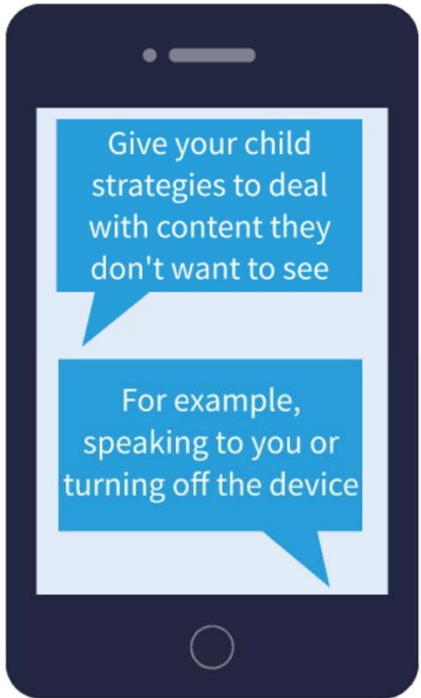


Encourage your child to always **'think before you post'**

Lead by example and discuss the content you share on social media too




The logo for Lionheart Academies Trust, featuring a lion crest above the text 'LIONHEART ACADEMIES TRUST'.

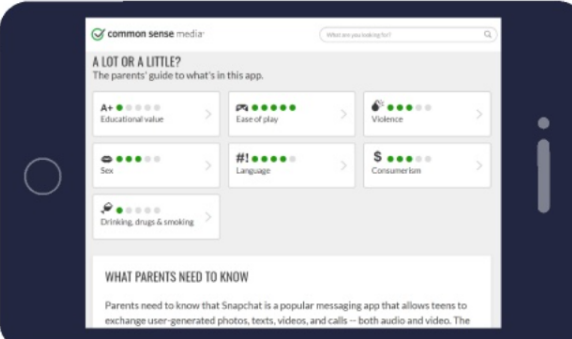


Give your child strategies to deal with content they don't want to see

For example, speaking to you or turning off the device



## Other useful resources...



common sense media

A LOT OR A LITTLE?  
The parents' guide to what's in this app.

A+ Educational value	Ease of play	Violence
Sex	Language	Consumerism
Drinking, drugs & smoking		

WHAT PARENTS NEED TO KNOW

Parents need to know that Snapchat is a popular messaging app that allows teens to exchange user-generated photos, texts, videos, and calls – both audio and video. The

[commonsensemedia.org](https://www.commonsensemedia.org)



ask about games

PEGI Age Ratings Family Friendly Games Careers

### What are PEGI age Ratings?

Age ratings ensure that entertainment content – such as films, DVDs, and games – is clearly labelled for the minimum age group for which it is suitable. Age ratings provide guidance to consumers to help them decide whether or not to buy a particular product. Since 2012, PEGI has been the sole system used in the UK for new console and PC games.

Many thousands of games have been PEGI-rated since the scheme was devised and introduced in early 2003. It is important to note that in the

[askaboutgames.com](https://www.askaboutgames.com)

## Telephone helplines...

If you're worried about a child...

**NSPCC** 0808 800 5000

For online safety advice...

**O<sub>2</sub>**  **NSPCC** 0808 800 5002  
Let's keep kids safe online

For mental health advice...

**YOUNGMINDS** 0808 802 5544

For parenting and family support...

 **family lives** 0808 800 2222



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[Advice Centre](#) [Hotline](#) [Helpline](#) [Pupil powered e-safety](#) [Q](#)



[saferinternet.org.uk/advice-centre](https://saferinternet.org.uk/advice-centre)

**Parents and Carers**

Welcome parents and carers! In this section you will find all the information you need to keep your child safe online.

Whether you're puzzled by parental controls or would like to know more about gaming, this section can help. We all know that it can sometimes be challenging to keep up to speed with what children and young people are doing online. Luckily on this site you'll find a whole host of useful ways to keep your child safe.

[childnet.com/parents-and-carers](https://childnet.com/parents-and-carers)

including information on key topics

# MAKING A REPORT

Look out for these symbols on the post, comment or user profile you want to report

Fill out the form with as much detail as possible and press send to inform the platform's safety team.

**Follow up inadequate responses to reports on other services here**

**REPORT HARMFUL CONTENT** [Report](#) [Advice](#)

**We can help you report:**

- Threats
- Impersonation
- Bullying or Harassment
- Self Harm or Suicide Content
- Online Abuse
- Violent Content
- Unwanted Sexual Advances
- Pornographic Content

[Find out more](#)

If you or the person you are helping is in immediate danger please contact the police dialling 999

**ACT** Action Counters Terrorism: Report Terrorist Activity  
Action Counters Terrorism: If you've seen something online that supports, directs or glorifies terrorism, report it here.

**IWF** Internet Watch Foundation: Report Child Sexual Abuse Imagery  
We are unable to take reports of sexual images of under 18s. You can report sexual images of under 18s online directly to the Internet Watch Foundation.

**reportharmfulcontent.com**

**Report any suspected grooming to the Child Exploitation and Online Protection Agency**

**CEOP** Child Exploitation and Online Protection command A National Crime Agency command

If you need to hide this site quickly, just click here [Quick exit](#)

**Are you worried about online sexual abuse or the way someone has been communicating with you online?**

Make a report to one of CEOP's Child Protection Advisors

**Should I make a report to CEOP? →**

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.

**What happens when I make a report? →**

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.

**How can CEOP help me? →**

Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.

**Make a report**

If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely

**ceop.police.uk**

**Report child sexual abuse content to the Internet Watch Foundation**

Select Language | Fundraising | Resources | Contact | Members Area | Login

**IWF**  
Internet  
Watch  
Foundation

Report criminal content **HERE**

What we do | Our services | Become a Member | News & Media

You can anonymously and confidentially report:

- Child sexual abuse content
- Non-photographic child sexual abuse images

Report criminal content **HERE**

**iwf.org.uk**

**START ON A POSITIVE NOTE...**

**LIONHEART**  
ACADEMIES TRUST

What do you like most about the internet and why?  
Whats your favourite game/app/site?

Do you like to be creative online?  
What have you created?

(It could be anything from a picture or video to creating their own games, sites or apps.)

The internet offers brilliant opportunities for making connections with others. Who do you like to keep in touch with online and what apps/-services do you use?

## KEEP THE CONVERSATION GOING



Do you have any tips for how to be positive and show respect online?

What could you do if someone online is making you or someone you know feel worried or upset?

How might you know if you are using the internet/technology too much?

How does the internet make you feel? Do different apps/games makes you feel differently?

Do you know where to go for help, where to find safety advice and how to use safety tools on your favourite apps and games?

Help me!  
Can your child show you how to do something better/safer online?

## WHAT WE'RE DOING IN SCHOOL TO TACKLE ONLINE SAFETY ISSUES...




Home - Sir Jonathan North Colle x +

← → ↻ 🏠 [sirjonathannorth.org.uk](http://sirjonathannorth.org.uk) ☆

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# CURRENT STUDENTS



**STUDENT SUPPORT**

- [E-Safety](#)
- [Examinations](#)
- [Home Learning](#)
- [Online Resources](#)
- [Support & Wellbeing](#)
- [Library](#)
- [Beehive](#) 📌

**STUDENT INFORMATION**

- [Personal Items](#)
- [Attendance and Punctuality](#)
- [Lunchtime Arrangements](#)
- [Mobile Phone Policy](#)
- [Catering](#)
- [KS3 Uniform](#)
- [KS3 PE Kit](#)
- [KS4 Dress Code](#)
- [KS4 PE Kit](#)

**THE SJN WAY**

- [Reward Events](#)
- [Behaviour and Rewards](#)

**Academic Excellence**

We achieve highly and examination results have been consistently good for many years. We aim to improve these results, with the awareness that students need support and guidance in managing the pressures of competition and challenge. We encourage students to be ambitious in their personal and academic goals. We work closely with parents

**STUDENT WELL BEING**

- [Anti-Bullying](#)
- [Friends Against Bullying And Discrimination Club](#)

**GOING FORWARD**

- [Careers](#)

**EXTRA**

- [Extra Curricular Activities](#)
- [Eco-Club](#)
- [Young Enterprise](#)

E-Safety - Sir Jonathan North Col x +

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## TERMLY E-SAFETY NEWSLETTER

- [SEPTEMBER 2020](#)
- [JULY 2020](#)
- [May 2020](#)
- [April 2020](#)
- [October 2019](#)
- [July 2019](#)
- [May 2019](#)
- [April 2019](#)

## OTHER USEFUL INFORMATION

- [E-Safety Parents Booklet May 2020](#)
- [E-Safety Student Booklet May 2020](#)
- [A Helping Hand from Unique Voice: Technical Knowledge vs Emotional Resilience](#)
- [Online Gaming: An Introduction for Parents and Carers](#)
- [Grooming: Parents Guide](#)
- [Parent's Guide to Internet Controls](#)
- [Parent/Carer Support for Online Radicalisation](#)
- [A Parent's Guide to E-Safety & Cyber Security](#)